PRESCRIPTION MEDICATIONS

MEDICATION NAME	REASON FOR TAKING THE MEDICATION	DOSE TAKEN (i.e. 2mg, 1tsp)	HOW OFTEN (i.e. 3x/day)

NON-PRESCRIPTION MEDICATIONS, VITAMINS, AND SUPPLEMENTS

Below, list all those that you take occasionally, such as Aspirin for headaches. Also list those that you take every day, such as a multivitamins or nutritional supplements. Please include any herbs or alternative medicines.

MEDICATION / SUPPLEMENT NAME	REASON FOR TAKING	DOSE TAKEN	HOW OFTEN